



**Lincoln City
Foundation**

PRIMARY SCHOOLS PROGRAMME

2020 -2021 Academic Year



INTRODUCTION

We are delighted to announce our new Lincoln City Foundation Primary School Packages, which aim to inspire, challenge and deliver high quality provision for your school. Our services are designed to meet the Department for Education (DfE) guidelines for primary school sport funding. We also have other services and courses that can support your pupil premium students and your staff with their PPA time.

The Lincoln City Foundation Primary School Packages, have been designed to assist schools to see improvement across the 5 key outcomes of the PE and sport premium funding:

- 1. INCREASE ENGAGEMENT FOR PUPILS TOWARDS EDUCATION, PHYSICAL ACTIVITY AND HEALTHY LIFESTYLE.*
- 2. THE PROFILE OF PE AND SPORT IS RAISED ACROSS THE SCHOOL*
- 3. INCREASED CONFIDENCE, KNOWLEDGE AND SKILLS OF ALL STAFF IN TEACHING PE AND SPORT*
- 4. BROADER EXPERIENCE OF A RANGE OF SPORTS AND ACTIVITIES OFFERED TO ALL PUPILS*
- 5. INCREASED PARTICIPATION IN COMPETITIVE SPORT*

Our school delivery has been a huge success. We now want to provide added value to our highly regarded services by creating strong and sustainable partnerships with schools through our bespoke packages. We hope you decide to renew or invest in a partnership with Lincoln City Foundation and join us in our journey to create a healthy, happy and positive environment for all children to develop and learn. We look forward to being part of your school and helping you to achieve your key performance indicators and targets.

RAJ RANDHAWA
COMMUNITY MANAGER



ABOUT US

Lincoln City Foundation is a registered charity (1128464) based at LNER Stadium. We pride ourselves on the quality of our delivery in local primary schools. Whilst we receive some funding for our delivery, we also need to generate income through our packages, which is all re-invested into the primary schools' programme that we offer. We hope that every child that engages with our programme has fun, learns and progresses to the best of their abilities in sport and life.

We employ a group of highly qualified staff who have a broad range of experience working within a school environment. Our minimum requirements include:

- **1st 4 Sport Level 3 in Supporting the Delivery of PE & School Sport or a recognised teaching qualification**
- **1st 4 Sport Level 2 NGB Qualified**
- **An up to date enhanced DBS check carried out every 3 years**
- **First aid qualification**
- **A safeguarding and protecting children certificate**
- **Relevant and suitable insurance**

The Lincoln City Foundation team will be responsible for planning, leading and delivering all activities. The lead staff member will ensure the session is suitable for the children. The safeguarding and welfare of children is paramount, and we facilitate inclusivity in all of our activities. Our staff are covered under our own liability insurance, which covers them up to a value of £100,000,000 for employee liability, £300,000,000 for public liability and £300,000,000 for product liability.

MISSION

TO CREATE AND PROVIDE OPPORTUNITIES THAT INSPIRE AND EMPOWER INDIVIDUALS AND COMMUNITIES TO DEVELOP AND IMPROVE THEIR PHYSICAL, SOCIAL OR MENTAL WELL-BEING

ETHOS

- *BE RESPECTFUL*
- *BE PASSIONATE*
- *BE ADAPTABLE*
- *BE REFLECTIVE*
- *BE PROUD*

17 GOALS 17 CITIES 1 MISSION

RETHINK FOOD

A unique, immersive project awaits...

In November 2020 Glasgow will host the 26th United Nations Climate Change Conference. To mark this event, we will be working with schools and businesses to give young people the opportunity to highlight the positive actions that can be taken to help us achieve a brighter and more sustainable future.

Participating schools will each receive a Rethink Food Futures package that includes a growing tower, educational resource, staff training and specific UN Climate Change Challenge resource.

To register an expression of interest in this fully funded project please email info@rethinkfood.co.uk

#Glasgow #Edinburgh #Newcastle #York #Leeds #Bradford #Manchester #Liverpool #Lincoln #Leicester #Birmingham #Cardiff #Bristol #Cambridge #London #Southampton #Exeter



SPORTS AND ACTIVITIES

There are a vast range of sports and activities that we offer as part of our PE, After School Clubs and PPA services.

Football	Tennis/Mini Squash
Basketball	Cricket
Handball	Rounders
Hockey	Badminton
Tag rugby	Archery
Athletics	Multi-sport skills
Gymnastics	Dodgeball
Dance	Lacrosse
Inter-dependence team games	Quidditch
Tag and invasion games	Mini-bikers Balance-Ability
Tri-Golf / Street Golf	Active Yoga / Yoga, Mindfulness and Mental Well-being
Tchoukball	Kinball

New sports highlighted in red

SERVICE BREAKDOWN

IMPS School PE Development and Curriculum Support

Price: £30 per hour (Package Price: £25)

Lincoln City Foundation coaches will deliver sessions based on our values and delivery philosophy. These sessions will include:

- Delivery in line with the IMPS values and ethos
- Your staff having the option to observe sessions, or they may wish to support and take some delivery
- Our staff will support your school and the children to give them a great experience during PE lessons
- A range of sports and activities on offer (see 'Sports & Activities')
- Schemes of work and lesson plans based on the National Curriculum
- Cross-curriculum activities



IMPS After School Clubs

Price: Sessions cost £3 per child per week for parents/guardians. Schools may opt to fund places (minimum 12 children required)

We can provide:

- Delivery in line with the IMPS values and ethos
- Clubs of any sporting variety to support a school in their extended provision. Including multi-skills to develop motor skills and fundamental movements (see 'Sports & Activities')
- Opportunity to be open to all, or specifically work with a school team
- We can provide clubs for KS1 and KS2 children, tailoring the provision to their specific needs

SERVICE BREAKDOWN

IMPS PPA Cover

Price: £30 per hour (Package Price: £25)

With the introduction of PPA time (Planning, Preparation and Assessment time) in schools, we provide a proven School Sports Programme to cover teachers' 10% PPA non-contact time. We have compiled a comprehensive programme, which assigns qualified coaches to schools to deliver PE and School Sport. All our lessons are based on the National Curriculum. We can provide:

- Delivery in line with the IMPS values and ethos
- An affordable solution to PPA cover, using minimum of Level 2-qualified coaches and staff
- A range of sports and activities on offer (see 'Sports & Activities')
- Schemes of work and lesson plans based on the National Curriculum
- Classroom activities



Full Day of IMPS PPA

Price: £150 (in school) £250 (at LNER Stadium) (Package Price: £120 and £225 respectively)

This is a fantastic opportunity to engage a large cohort of children in an innovative way. We can deliver to a variety of year groups, a particular key-stage, a particular year group or a selected group of pupils.

We would be able to:

- Deliver a variety of subjects throughout the day (Active Maths, Active English, P.E. and PSHE), in line with the IMPS values and ethos
- A range of sports and activities on offer (see 'Sports & Activities')
- Enterprise challenge at LNER Stadium
- Deliver at your school or children would be able to come to the stadium
- Office space provided for teacher to work at LNER Stadium
- All lessons to be planned and delivered by qualified staff (Maths and English would be planned by a Qualified Primary Teacher)
- A one-off treat or regular days at the stadium throughout the year

SERVICE BREAKDOWN

IMPS Matchday Maths and English

Price: £360 per course (Package Price: £330)

This is an immersive and educational match day experience. Children will be able to attend the stadium on a match day supervised by teachers. Lincoln City Foundation Coaches will deliver a programme which will include:

- An English and Maths workshop will be delivered to the class – maximum of 30 (40-minute workshops)
- Whilst watching the first half of the game, children will be able to make notes or record themselves commentating, this will be used to create a match report when they go back to school
- Whilst watching the second half of the game, children will be able to record data by simply tallying stats and this can be used to create tables and graphs when they go back to school



IMPS Quidditch

Price: £180 per course (Package Price: £150)

YOUTH
QUIDDITCH
GROUP



Yes Quidditch! We have partnered up with The Youth Quidditch Group (The NGB of Quidditch in the UK) to be able to deliver this amazing sport to our partner schools.

With this new sport we will:

- Delivery in line with the IMPS values and ethos
- Get children active, engaged and using their imaginations
- Deliver sessions so that children can begin to understand how to play the game (which is played competitively at universities)
- Be able to link PE to your school curriculum if you have a Harry Potter theme planned in at any point of the year

SERVICE BREAKDOWN

IMPS Football FUNdamentals

Price: £180 per course (Package Price: £150)

This is a 6-hour programme aimed at KS1 children through the subject of Football. The aim is to:

- Deliver in line with the IMPS values and ethos
- Teach ABC's (Agility, Balance and Co-ordination) in a fun way through a variety of games
- To introduce basic skills that are transferable across sports
- To develop children's fundamental movements skills and aid their physical literacy



IMPS Yoga, Mindfulness and Mental Well-being

Price: £250 per course (Package Price: £225)

There is now extensive research which suggests a positive link between Yoga, Mindfulness and Mental Well-being. Our sessions will be evidence based and planned using a variety of resources and research which is openly available.

This course will be designed to help children to:

- Improve their focus
- Improve mental well-being
- Develop some coping strategies for stressful situations and feel calmer
- Get them active and maintain/increase their flexibility and control

SERVICE BREAKDOWN

IMPS Tri-Golf / Street Golf



Price: £180 per course (Package Price: £150)

We have partnered up with The Golf Foundation (The NGB of Golf in the UK) to be able to deliver tri-golf and street-golf in schools. This will be in-conjunction with The Lincoln Golf Centre and The Lincoln Golf Club. Children will have the option of a free session at the club, which replaces the last lesson at school.

With this new sport we will:

- Deliver in line with the IMPS values and ethos
- Get children active, engaged and improving their motor skills
- Deliver sessions so that children can begin to understand how to play the game
- Provide an opportunity for children to experience a new sport and have lots of fun with the element of street golf
- Give schools the option the option of a free session at the partner venue, which replaces the last lesson at school, and enjoy a session with the golf pro, in a non-traditional, friendly and welcoming environment



IMPS Lunchtime Supervisor Training

Price: £250 per course - maximum of 5 staff members (Package Price: £225)

We are offering a fantastic new initiative (6x1 hour sessions) to help develop your staff in order to get children active at lunch times throughout the week without delivering a formal lunch time club. This project aims to:

- Leave a legacy of being healthy and active every single day
- Help staff to understand how to get children active and engaged at lunch time (whilst respecting the fact that it is the children's time for a break, and they should be able to spend it as they wish within the school rules)
- Help children make new friends and help others to enjoy lunch times

SERVICE BREAKDOWN

IMPS Stand Up Speak Up

Price: £250 per course (Package Price: £225)

We have designed a programme to support schools around the subject of Culture, Diversity and Racism. The programme involves:

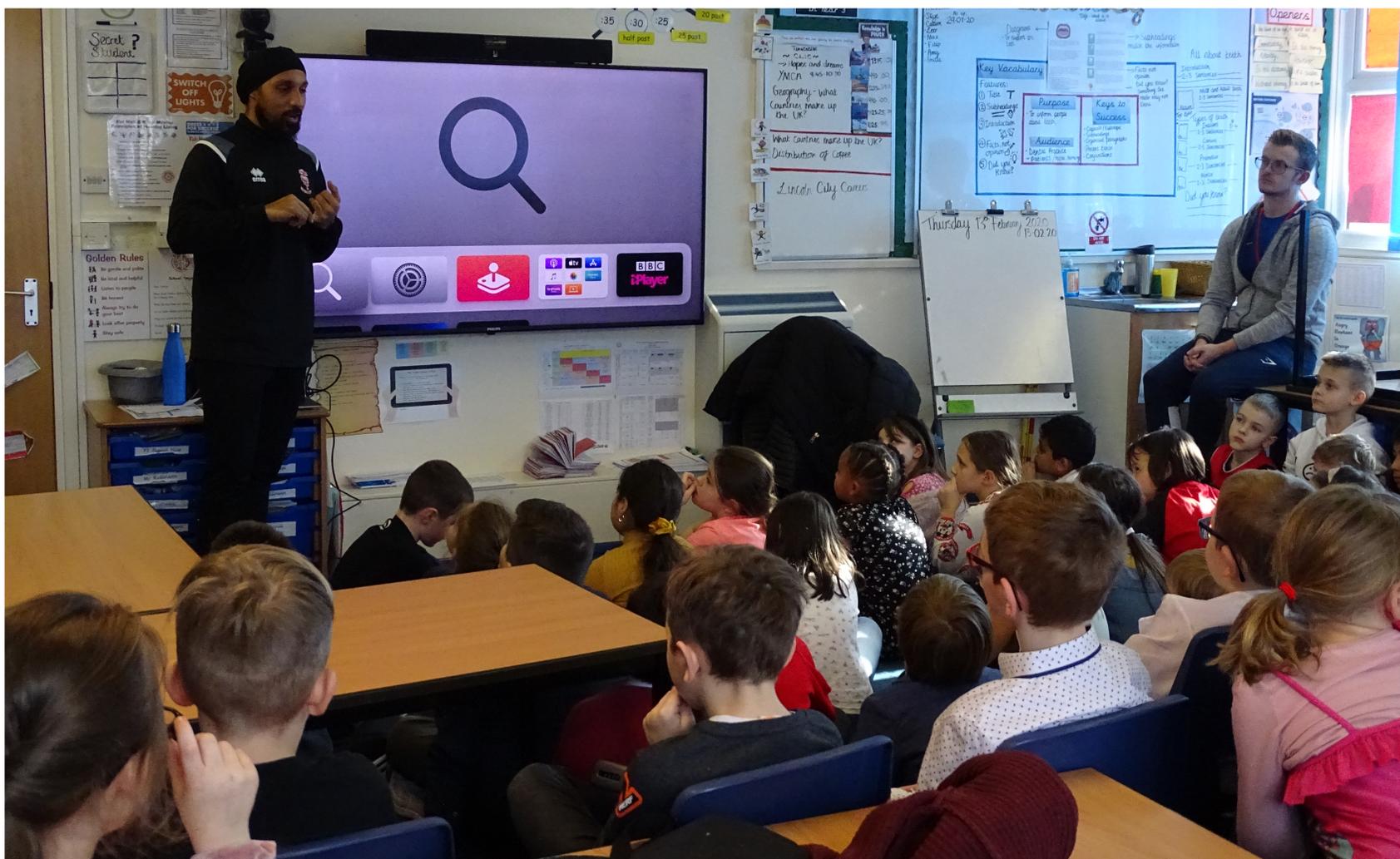
- Delivery of 6x1 hour lessons which cover topics such as Stereotyping, Racism, Being Unique, Identity and Campaigning against Racism
- Use of sport as a universal subject to bring the subject to life
- A wide range of activities and games to educate children and create an environment where the topics are able to be discussed in a safe and positive manner

Action IMPS

Price: £300 per course (Package Price: £250)

The 6-week programme aims to inspire children to learn how to build stronger, safer and inclusive communities through positive, collaborative action. This can be done during curriculum time or as an extra-curricular club during lunch or after school. The programme includes fun and engaging sessions for children aged 5 - 11 and covers areas such as:

- Listening to self and others
- Building respectful relationships
- Bringing people together to plan action which will make a positive difference
- Evaluating the impact of the action and leaving a legacy



SERVICE BREAKDOWN

Sports Leaders Playmaker Award

Price: £300 per course (plus £7.00 per child registration fee)

Anyone can become a Playmaker, regardless of their sporting experience or prowess. The recommended age range is 9-11 years old. The Sports Leaders Playmaker Award is a great introduction into leadership giving learners the opportunity to:

- Organise small games and activities with small groups
- Develop their leadership skills such as organisation, communication and teamwork
- Build their confidence and self-esteem as they take on the responsibility of leading their peers and younger children with support from our staff



Kick It Out Poster Competition

Price: Exclusive to schools who buy a Lincoln City Foundation Primary School Package.

Children are tasked with creating an A4 poster or poem promoting Lincoln City FC based around the theme of inclusion. The school will select the best poster or poem out of each year group, which will be entered in the final amongst other school children posters. Lincoln City FC players will pick their favourite poster out of the finalists, which will be used as part of the match day programme for the dedicated Kick It Out fixture.

The competition is aimed at all year groups and aims to:

- Create awareness of the message of equality and anti-discrimination
- Encourage children to think about diversity and acceptance
- Give children the opportunity to win some fantastic prizes
- Each finalist will receive two tickets to the dedicated Kick it Out fixture



SERVICE BREAKDOWN

The FA Primary Teachers' Award

Price: First priority to schools who buy Lincoln City Foundation Primary School Package

The course provides a basic introduction to the skills required when delivering KS1 or KS2 Physical Education lessons. The course will introduce learners to:

- A variety of best practice sessions in a limited space – realistic to the primary school environment
- Participants will understand how to set a learning environment, how to deliver movement games and appropriate practices, and how to develop practice to accelerate learning
- The award also includes elements associated with working with a school team linked to The FA's Youth development review

IMPS School Sport Tournaments

Price: First priority to schools who buy a Lincoln City Foundation Primary School Package.

Throughout the school academic year, we will deliver a range of Tournaments in order to provide competition for a wide range of age groups. Below are some of the competitions we organise:

- EFL Kids Cup (U11s mixed) (Local football tournament at LNER Stadium, which progresses onto Area, Regional and National Finals. National Finals are played at Wembley Stadium)
- Premier League Girls Football Tournament (U11s)
- Premier League Mixed Sports Tournament (U9s)
- Premier League Multi-Sport festival
- The IMPics



SERVICE BREAKDOWN

IMPS Stadium Tour and Football/Sport Activity

Price: £250 (Package Price: £225)

This is a chance for children/young people to:

- Explore the dug outs, dressing rooms and places otherwise off limits to the public
- Take a seat where their favourite player sits and dream of getting ready to go out on to the pitch
- Take part in a fun and interactive football or sport activity (maximum 30 children per visit)

The IMPics

Price: £40 Entry Fee

This is a fantastic opportunity for your school to enter our flag-ship sports event between schools across Lincolnshire. There will be an initial qualifying round with schools in your area taking part in one after school competition. The schools with the highest qualifying points across Lincolnshire will then be invited to take part in the IMPics Finals at Lincoln City FC. The IMPics will include:

- A competitive sporting competition for KS2 children in Primary Schools
- A variety of sporting events for children to compete in
- The opportunity to take part in the final of the IMPics at Lincoln City FC
- The winners will be featured in our matchday programme
- The chance to win the IMPics Trophy
- Prizes for the top 3 schools

Lincoln City Foundation and Lincolnshire County Council Health Programme

Price: £261.07 (Full Day)

This is a fantastic new initiative that we are able to offer having partnered up with Lincolnshire County Council. It focuses on educating children about the benefits of healthy eating as well as supporting your school to create a healthier relationship with food overall.

➤ Lincolnshire County Council would be able to deliver one of the following workshops:

- Food science
- Importance of Breakfast
- Flavour School
- Basic Cooking Skills
- Packed Lunches
- Cooking on a Budget
- School food standards training and certification
- Lunchtime Food and Dining Review

➤ Lincoln City Foundation coaches delivering football sessions.



Premier League Primary Stars

SERVICE BREAKDOWN

Price: Exclusive to schools who buy a Lincoln City Foundation Primary School Package

Premier League Primary Stars uses the appeal of the Premier League and professional football clubs to:

- Develop skills, knowledge and confidence of teachers to deliver PE with a formal process of mentoring. This involves the teacher observing for two weeks, team teaching for two weeks and taking most of the lesson for two weeks.
- Lincoln City FC's Imps in the Community staff work with teachers to deliver fun, inspiring and educational sessions in a range of subjects including Active English, Active Maths PSHE and PE.
- A range of sports and activities on offer (see 'Sports & Activities').
- We are able to support children in their Maths and English lessons, for those that need one to one/small group support.
- The programme provides a wide variety of free downloadable resources for teachers across Key Stages 1 and 2.
- Learning is linked to the real world to help pupils understand topics like resilience, diversity, self-esteem and fair play.
- Registered schools will be able to apply for free kit, equipment and books from celebrated children's authors.



PACKAGES

	BESPOKE PACKAGES AVAILABLE			
	Platinum	Gold	Silver	Bronze
IMPS School PE Development and Curriculum Support And/or IMPS PPA Cover	234 Hours (6 hours/1 full day per week)	117 Hours (3 hours/half a day per week)	97 Hours (2.5 hours per week)	78 Hours (2 hours per week)
Premier League Primary Stars	12 Hours	12 Hours	6 Hours	6 Hours
The IMPics	Yes	Yes	Yes	Yes
IMPS Football FUNdamentals	18 Hours = 3 courses	12 Hours = 2 Courses	12 Hours = 2 Courses	6 Hours = 1 Course
IMPS School Football Tournaments	First priority for each school football tournament	First priority for each school football tournament	Second priority for each school football tournament	Third priority for each school football tournament
The FA Primary Teachers' Award Qualification	3 reserved places for school staff to attend the qualification	2 reserved places for school staff to attend the qualification	2 reserved places for school staff to attend the qualification	1 reserved place for school staff to attend the qualification
IMPS After School Clubs	2 days per week x 1 hour throughout the academic year	1 day per week x 1 hour throughout the academic year	1 day per week x 1 hour throughout the academic year	1 day per week x 1 hour throughout the academic year
IMPS Stand Up Speak Up	2 courses	1 course	1 course	1 course
IMPS Stadium Tour and football/sport activity	1 Tour	1 Tour	1 Tour	1 Tour
Sports Leaders Playmaker Award	12 Hours = 2 courses	6 Hours = 1 Course	6 Hours = 1 Course	
Action IMPS	6 Hours = 1 course	6 Hours = 1 course	6 Hours = 1 course	
IMPS Lunchtime Supervisor Training	1 course	1 course		
IMPS Yoga, Mindfulness and Mental Wellbeing	1 course	1 course		
Full Day of IMPS PPA at LNER Stadium (Including Maths, English, PSHE, Art and PE lessons)	2 days	1 day		
IMPS Quidditch	6 Hours = 1 Course	6 Hours = 1 Course		
IMPS Tri-Golf / Street Golf	6 Hours = 1 Course	6 Hours = 1 Course		
Lincoln City Foundation & Lincs County Council Health Programme	1 day	1 day		
IMPS Matchday Maths & English	1 day			

PACKAGES

INCENTIVES

	Platinum	Gold	Silver	Bronze
Xmas Raffle Prize*	Yes			
Match day promotion	One article in a match day programme promoting the school	One article in a match day programme promoting the school		
One Signed Home Shirt	Yes	Yes	Yes	
Season tickets	4 Free Season Tickets	4 Free Season Tickets	2 Free Season Tickets	2 Free Season Ticket
Kick it Out Poster Competition	Yes	Yes	Yes	Yes
Advice and support around school sport	Yes	Yes	Yes	Yes
Signed Ball	2	1	1	1
At Least One Player Visit	Yes	Yes	Yes	Yes

*Select an item from the club shop (up to a value of £100)

PRICES

	PLATINUM	GOLD	SILVER	BRONZE
Package Value	£12,552 [^]	£7582.07 [^]	£5033 [^]	£3,648
Discount	£2,715.93	£1,901	£1,268	£1,058
Package Cost	£9836.07 [^]	£5681.07 [^]	£3765 [^]	£2590 [^]

*Exclusive of £7.00 per child registration fee for Sports Leaders Playmaker

[^]Exclusive of After School Clubs. Sessions cost £3 per child per week or schools may opt to fund places (minimum 12 children required).

CONTACT

If you would like to book a package or some of our services, please do so at your earliest convenience to avoid any disappointment.

To book please contact:

Manraj Sucha – Schools Manager

Manraj.Sucha@lincolncityfoundation.co.uk

01522 563792 / 07736 900351

If you would like any more information or would like to request a meeting about our services, we are more than happy to discuss the packages in more detail.

Please visit our website for further information:

www.lincolncityfoundation.com

